

MUFFIN WITH BROAD BEANS



TIMES

Preparation: 10 minutes - Cooking: 20 minutes

INGREDIENTS (for 4 people)
250 g of flour
1 sachet of instant yeast for savory pies
2-3 tablespoons of pecorino
100 g of provolone
100 g of salami
125 g of Greek yogurt
2 eggs at room temperature
100 g of milk
100 g of oil
100 g of shelled fresh broad beans
pepper to taste

PREPARATION

Shell the beans until you get 100 g. In a bowl, mix the flour, baking powder, pecorino, provolone, salami cut into small pieces and broad beans. In another bowl, mix the Greek yogurt with the eggs and the milk with the oil until the mixture is fluid. Combine everything, adjust salt and pepper to taste.

To obtain soft muffins, do not mix too much, just mix the ingredients with the help of a spoon or spatula. Line the muffin mold with baking cups and fill them 3/4 full.

Bake in a preheated oven at 190° and bake for about 20 minutes. To verify correct cooking, try inserting a toothpick in a muffin: it must come out dry.

After taking them out of the oven, after a few minutes, remove the muffins from the mold and let them cool before serving.